

Pure. Full Ingredients

Category	Product Display Name	Full Ingredient Declaration
Birchers & Yoghurts	Blueberry Bircher	Coconut Bircher (Apple Juice, Coconut Yogurt (Coconut Milk (Coconut Extract, Coconut Water, Water), Coconut Water, Cornflour, Potato Starch, Stabilizer (Pectin), Non-dairy Cultures (S. Thermophilus, L. Bulgaricus, Lactobacillus Acidophilus, Bifidobacterium Lactis)), Gluten Free Jumbo Oats, Organic Agave Syrup), Blueberries
Birchers & Yoghurts	Energy Crunch Bircher	Coconut Bircher (Apple Juice, Coconut Yogurt (Coconut Milk (Coconut Extract, Coconut Water, Water), Coconut Water, Cornflour, Potato Starch, Stabilizer (Pectin), Non-dairy Cultures (S. Thermophilus, L. Bulgaricus, Lactobacillus Acidophilus, Bifidobacterium Lactis)), Gluten Free Jumbo Oats, Organic Agave Syrup), Energy Crunch (Hazelnut, Raw Almonds, Pumpkin Seeds, Dates).
Birchers & Yoghurts	Banana & Honey Yoghurt	Greek Style Natural Yogurt (Milk), Banana, Blossom Honey, Granola Crunch (Rolled Oats, Coconut Sugar, Sunflower Seeds, Blossom Honey, Dates, Flame Raisins, Dried Cranberries (Cranberries, Apple Juice), Pumpkin Seeds, Peans, Walnuts, Golden Flaxseed, Butter (Milk), Almonds, Rapeseed Oil).
Pastries	Almond Croissant	Wheat Flour (Wheat Flour, Calcium, Iron, Niacin, Thiamin), Almond Filling (Sugar, Sunflower Oil, Fat Reduced Cocoa Powder, Coconut Oil, Skimmed Milk Powder, Emulsifier (Soya Lecithin), Flavouring (Rosemary Extract)), Butter (Milk), Water, Chocolate Topping (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithin)), Yeast, Sugar, Wheat Gluten, Salt, Egg , Yeast Powder, Flour Treatment Agent (Ascorbic Acid).
Pastries	Chocolate Croissant	Wheat Flour (Wheat Flour, Calcium, Iron, Niacin, Thiamin), Butter (Milk), Water, Sugar, Yeast, Improver (Wheat Flour (Wheat Flour, Calcium, Iron, Niacin, Thiamin), Flour Treatment Agent (Ascorbic Acid)), Processing aid (Enzymes), Wheat Gluten, Egg , Salt.
Breakfast Toasties	Bacon & Egg	Wheat Bran Wrap (Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Oils (Palm Oil, Rapeseed Oil), Wheat Bran, Raising Agents (Sodium Carbonate, Mallic Acid, Sodium Diphosphate), Sugar, Stabiliser (Sodium Carboxymethyl Cellulose), Salt), Free Range Egg Mayonnaise (Free Range Egg (80%), Mayonnaise (Rapeseed Oil, Water, Free Range Egg Yolk, Spirit Vinegar, Sugar, Mustard Flour, Salt), Mustard Mayonnaise (Rapeseed Oil, Water, Dijon Mustard , Sugar, Cornflour, Free Range Egg Yolk, Spirit Vinegar, Mustard Flour, Lemon Juice, Salt)), Bacon (Pork, Water, Sugar, Salt, Fruit Extract, Sodium Phosphate, Smoke Flavour, Honey, Preservative (Sodium Nitrite)), Pure Tomato Ketchup (Tomato (4%), Vinegar, Sugar, Onions, Salt, Tomato Puree (5%), Sea Salt, Mustard Seeds, Spices).
Breakfast Toasties	Smoked Salmon	Wheat Bran Wrap (Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Oils (Palm Oil, Rapeseed Oil), Wheat Bran, Raising Agents (Sodium Carbonate, Mallic Acid, Sodium Diphosphate), Sugar, Stabiliser (Sodium Carboxymethyl Cellulose), Salt), Free Range Egg Mayonnaise (Free Range Egg (80%), Mayonnaise (Rapeseed Oil, Water, Free Range Egg Yolk, Spirit Vinegar, Sugar, Mustard Flour, Salt), Mustard Mayonnaise (Rapeseed Oil, Water, Dijon Mustard , Sugar, Cornflour, Free Range Egg Yolk, Spirit Vinegar, Mustard Flour, Lemon Juice, Salt)), Smoked Salmon (Salmon (Fish) (<i>Salmo salar</i>)), Salt, Lemon Juice, Black Pepper.
Breakfast Toasties	Super Start	Wheat Bran Wrap (Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Oils (Palm Oil, Rapeseed Oil), Wheat Bran, Raising Agents (Sodium Carbonate, Mallic Acid, Sodium Diphosphate), Sugar, Stabiliser (Sodium Carboxymethyl Cellulose), Salt), Free Range Egg Mayonnaise (Free Range Egg (80%), Mayonnaise (Rapeseed Oil, Water, Free Range Egg Yolk, Spirit Vinegar, Sugar, Mustard Flour, Salt), Mustard Mayonnaise (Rapeseed Oil, Water, Dijon Mustard , Sugar, Cornflour, Free Range Egg Yolk, Spirit Vinegar, Mustard Flour, Lemon Juice, Salt)), Sauteed Mushrooms (Mushroom, Whole Grain Mustard (Water, Brown Mustard Seeds (Sulphites), Spirit Vinegar, Yellow Mustard Flour (Sulphites), Salt, Yellow Mustard Bran (Sulphites), Pimento), Parsley, Sunflower Oil, Salt, Black Pepper), Greek Feta Cheese (Pasteurised Greek Sheep's and Goat's Milk (Milk), Salt, Calcium Chloride, Rennet (Microbial), Starter Culture, Pasteurised Brine), Vine Tomatoes (Cherry Tomatoes, Rapeseed Oil, Salt, Garlic, Oregano), Spinach.
Porridge	Pure Porridge	Water, Oat Milk (Water, Gluten Free Oats (1%), Sunflower Oil, Salt), Gluten Free Jumbo Oats , Salt.
Porridge Toppings	Banana	Banana
Porridge Toppings	Blossom Honey - 1 oz pot	Blossom Honey
Porridge Toppings	Blueberries	Blueberries
Porridge Toppings	Energy Crunch	Hazelnut, Raw Almonds, Pumpkin Seeds, Chopped Dates .
Porridge Toppings	Golden Syrup - 1oz pot	Golden Syrup.
Porridge Toppings	Peanut Butter	Peanuts (60-80%), Sea Salt
Super Eggs	Super Eggs	Super Eggs (Free-Range Eggs, Crème Fraiche (Milk), Petit Pois, Salt).
Super Eggs	Avocado	Avocado
Super Eggs	Bacon	Pork, Water, Sugar, Salt, Fruit Extract, Sodium Phosphate, Smoke Flavour, Honey, Preservative (Sodium Nitrite).
Super Eggs	Sauteed Mushrooms	Mushroom, Whole Grain Mustard (Water, Brown Mustard Seeds (Sulphites), Spirit Vinegar, Yellow Mustard Flour (Sulphites), Salt, Yellow Mustard Bran (Sulphites), Pimento), Parsley, Sunflower Oil, Salt, Black Pepper.
Super Eggs	Smoked Salmon	Salmon (Fish) (<i>Salmo salar</i>)), Salt
Toasted Bagels	Bacon & Avocado	Bacon and Avocado Bagel - Multiseed Bagel (Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Brown Linseed (4%), Sunflower Seeds (2%), Sugar, Malted Barley Flour, Poppy Seed (1%), Barley Flakes, Rapeseed Oil, Yeast, Salt, Flour Treatment Agent (Ascorbic Acid)), Bacon (Pork, Water, Sugar, Salt, Fruit Extract, Sodium Phosphate, Smoke Flavour, Honey, Preservative (Sodium Nitrite)), Avocado, Tomatoes, Black Pepper.
Toasted Bagels	Vegan Breakfast Bagel	Multiseed Bagel (Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Brown Linseed (4%), Sunflower Seeds (2%), Sugar, Malted Barley Flour, Poppy Seed (1%), Barley Flakes, Rapeseed Oil, Yeast, Salt, Flour Treatment Agent (Ascorbic Acid)), Sauteed Mushrooms (Mushroom, Whole Grain Mustard (Water, Brown Mustard Seeds (Sulphites), Spirit Vinegar, Yellow Mustard Flour (Sulphites), Salt, Yellow Mustard Bran (Sulphites), Pimento), Parsley, Sunflower Oil, Salt, Black Pepper), Corn Tortilla Chips (Maize Flour, Sunflower Oil, Salt), Roquito Peppers (Red Cherry Peppers (Capsicum annuum), Mature Cheddar Cheese (Milk), Mixed Leaves (Lollo Rosso, Green Multileaf, Apollo, Frisee), Devil's Dressing (Rapeseed Oil, Sriracha Chili Sauce, Water, Agave Syrup, Red Wine Vinegar, Black Pepper, Salt, Emulsifier (Guar Gum))), Spinach.
Toasted Bagels	Toasted Wholegrain Bagel & Butter	Toasted Bagel Multiseed Bagel (Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Brown Linseed (4%), Sunflower Seeds (2%), Sugar, Malted Barley Flour, Poppy Seed (1%), Barley Flakes, Rapeseed Oil, Yeast, Salt, Flour Treatment Agent (Ascorbic Acid)), Butter (Butter (Milk), Salt (1.9%)).
Breads	Loch Stock & Hot Smoked Salmon	Multiseed Bagel (Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Brown Linseed (4%), Sunflower Seeds (2%), Sugar, Malted Barley Flour, Poppy Seed (1%), Barley Flakes, Rapeseed Oil, Yeast, Salt, Flour Treatment Agent (Ascorbic Acid)), Hot Smoked Salmon (Salmon (Fish) (<i>Salmo salar</i>))), Salt, Full Fat Soft Cheese (Milk), Lemon Juice, Black Pepper.
Breads	Ariba Fajita	Wheat Bran Wrap (Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Oils (RSPO Certified Palm Oil, Rapeseed Oil), Wheat Bran, Raising Agents (Sodium Carbonate, Mallic Acid, Sodium Diphosphate), Sugar, Stabiliser (Sodium Carboxymethyl Cellulose), Salt), Fired Chicken (Roasted Chicken (Chicken Fillets, Rapeseed Oil, Brown Sugar, Salt, Black Pepper), Chili Sauce (Red Chili, Brown Sugar, Water, Salt, Tomato Paste, Lemon Juice (Sulphites), Red Wine Vinegar (Sulphites), Rapeseed Oil, Garlic, Smoked Paprika, Cayenne Powder), Tomatoes, Avocado Puree (Hass Avocado, Salt, Antioxidant (Ascorbic Acid), Onion Powder, Stabiliser (Xanthan Gum), Garlic Powder, Acidity Regulator (Citric Acid)), Corn Tortilla Chips (Maize Flour, Sunflower Oil, Salt), Roquito Peppers (Red Cherry Peppers (Capsicum annuum), Mature Cheddar Cheese (Milk), Mixed Leaves (Lollo Rosso, Green Multileaf, Apollo, Frisee), Devil's Dressing (Rapeseed Oil, Sriracha Chili Sauce, Water, Agave Syrup, Red Wine Vinegar, Black Pepper, Salt, Emulsifier (Guar Gum))),
Breads	Falafalo Soldier	Wheat Bran Wrap (Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Oils (RSPO Certified Palm Oil, Rapeseed Oil), Wheat Bran, Raising Agents (Sodium Carbonate, Mallic Acid, Sodium Diphosphate), Sugar, Stabiliser (Sodium Carboxymethyl Cellulose), Salt), Pure Slaw (Pink Cabbage, Carrot, Yellow Carrot, Candy-Striped Beetroot, Spring Greens), Sweet Potato Falafel (Chickpeas, Sweet Potato (23%), Sunflower Oil, Red Peppers, Potato Flakes, Carrot, Salt, Tomato Puree, Water, Coriander, Cumin, Salt, Lemon Powder, White Pepper, Dried Chili, Stabiliser (Methylcellulose)), Hummus (Cooked Chick Peas, Tahini (Sesame Seed Paste), Rapeseed Oil, Acidity Regulator (Citric Acid), Potassium Sorbate, Niacin, Garlic Powder, Modified Starch, Salt & Spices), Grandma's Dressing (Rapeseed Oil, Balsamic Vinegar (Sulphites)), Mature Cheddar Cheese (Milk), Mixed Leaves (Lollo Rosso, Green Multileaf, Apollo, Frisee), Devil's Dressing (Rapeseed Oil, Sriracha Chili Sauce, Water, Agave Syrup, Red Wine Vinegar, Black Pepper, Salt, Emulsifier (Guar Gum))),
Breads	Hail Caesar	Wheat Bran Wrap (Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Oils (RSPO Certified Palm Oil, Rapeseed Oil), Wheat Bran, Raising Agents (Sodium Carbonate, Mallic Acid, Sodium Diphosphate), Sugar, Stabiliser (Sodium Carboxymethyl Cellulose), Salt), Roasted Chicken (Chicken Fillets, Rapeseed Oil, Brown Sugar, Salt, Black Pepper), Cos Lettuce, Vegan Mayonnaise (Rapeseed Oil, Water, Spirit Vinegar, Sugar, Salt, Modified Brant Gum), Preservative (Sodium Nitrite)), Chili Sauce (Red Chili, Brown Sugar, Water, Salt, Tomato Paste, Lemon Juice (Sulphites), Red Wine Vinegar (Sulphites), Rapeseed Oil, Garlic, Smoked Paprika, Cayenne Powder), Chickpea (Chickpeas, Natural Smoked Chickpeas (14%) (Chickpeas, Water, Wood Smoke), Rapeseed Oil, Water, Tahini (Sesame Seed Paste), Harissa Paste (4%), Red Pimentos, Oriental Spices, Salt, Garlic), Lemon Juice Concentrate, Salt, Garlic Granules, Red Chillies, Ground Cumin, Paprika, Ground Coriander, Ground Fennel), Mixed Leaves (Lollo Rosso, Green Multileaf, Apollo, Frisee), Devil's Dressing (Rapeseed Oil, Sriracha Chili Sauce, Water, Agave Syrup, Red Wine Vinegar, Black Pepper, Salt, Emulsifier (Guar Gum))),
Breads	Smokin' Hot	Wheat Bran Wrap (Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Oils (RSPO Certified Palm Oil, Rapeseed Oil), Wheat Bran, Raising Agents (Sodium Carbonate, Mallic Acid, Sodium Diphosphate), Sugar, Stabiliser (Sodium Carboxymethyl Cellulose), Salt), Pure Slaw (Pink Cabbage, Carrot, Yellow Carrot, Candy-Striped Beetroot, Spring Greens), Black Sushi Rice, Water, Black Sushi Rice, Sushi Vinegar (Sugar, Spirit Vinegar, Rice Vinegar, Salt, Anticaking Agent (Sodium Ferrocyanide)), Red Chili Puree, Garlic Puree, Ginger Puree), Edamame (Soya Beans), Butternut Aioli (Butternut Squash, Chickpeas, Garlic, Olive Oil, Salt), Soy Sesame and Ginger Dressing (Agave, Apple Cider Vinegar (Sulphites), Tamari (Soya), Ginger, Sesame Oil, Garlic, Salt, Stabiliser (Xanthan Gum), Black Pepper).
Breads	Soy Good	Wheat Bran Wrap (Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Oils (RSPO Certified Palm Oil, Rapeseed Oil), Wheat Bran, Raising Agents (Sodium Carbonate, Mallic Acid, Sodium Diphosphate), Sugar, Stabiliser (Sodium Carboxymethyl Cellulose), Salt), Broccoli Florets (Broccoli, Garlic, Salt, Black Pepper), Tamari Tofu (Soya Beans, Water, Coagulated with Nigari, Tamari (Water, Whole Soya Beans, Salt, Alcohol), Garlic, Cumin, Ginger), Pure Slaw (Pink Cabbage, Carrot, Yellow Carrot, Candy-Striped Beetroot, Spring Greens), Black Sushi Rice, Water, Black Sushi Rice, Sushi Vinegar (Sugar, Spirit Vinegar, Rice Vinegar, Salt, Anticaking Agent (Sodium Ferrocyanide)), Red Chili Puree, Garlic Puree, Ginger Puree), Edamame (Soya Beans), Butternut Aioli (Butternut Squash, Chickpeas, Garlic, Olive Oil, Salt), Soy Sesame and Ginger Dressing (Agave, Apple Cider Vinegar (Sulphites), Tamari (Soya), Ginger, Sesame Oil, Garlic, Salt, Xanthan Gum, Black Pepper).
Breads	Breadstick and Butter	Multigrain Breadstick (Barley Malt Flour (Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin) Malted Wheat flakes, Malted Barley Flour), Water, Dried Wheat Sourdough (Wheat Flour, Starter Culture, Wheat Gluten, Antioxidant (Ascorbic Acid), Enzymes), Rapeseed Oil, Salt, Yeast, Flour Treatment Agent (Wheat Flour, Enzymes), Flour Treatment Agent (Wheat Flour, Wheat Gluten, Enzyme)), Butter (Milk), Salt (1.9%).
Salads	Celebrity Skin	Mixed Leaves (Lollo Rosso, Green Multileaf, Apollo, Frisee), Hot Smoked Salmon (Salmon (Fish) (<i>Salmo salar</i>)), Salt, Tomatoes, Avocado, Cucumber, Cashews .
Salads	Celebrity Skin - Undressed	Pure Vinaigrette Dressing (Sunflower Oil, Balsamic Vinegar (Sulphites), Date Syrup, Dijon Mustard (Water, Mustard Seeds, Spirit Vinegar, Salt), Garlic Puree, Salt, Black Pepper)
Salads	Chicken & Bacon Caesar	Mixed Leaves (Lollo Rosso, Green Multileaf, Apollo, Frisee), Hot Smoked Salmon (Salmon (Fish) (<i>Salmo salar</i>)), Salt, Tomatoes, Avocado, Cucumber, Cashews .
Salads	Chicken & Bacon Caesar - Undressed	Cos Lettuce, Roasted Chicken (Chicken Fillets, Rapeseed Oil, Brown Sugar, Salt, Black Pepper), Free Range Hen's Eggs (Egg, Water, Salt), Croutons (Wholegrain Bread (Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Salt, Flour Treatment Agent (Ascorbic Acid)), Preservative (Sodium Metabisulphite (Sulphites)), Black Pepper), Parmesan Shavings (Grana Padano Medium Fat Hard Cheese (Milk), Salt, Rennet, Preservative (Egg Lysozyme)), Bacon (Pork, Water, Sugar, Salt, Fruit Extract, Sodium Phosphate, Smoke Flavour, Honey, Preservative (Sodium Nitrite)).
Salads	Sesame Ginger	Broccoli Florets (Broccoli, Garlic, Salt, Black Pepper), Black Sushi Rice, Black Sushi Rice, Sushi Vinegar (Sugar, Spirit Vinegar, Rice Vinegar, Salt, Anticaking Agent (Sodium Ferrocyanide)), Red Chili Puree, Garlic Puree, Ginger Puree), Tamari Tofu (Soya Beans, Water, Coagulated with Nigari, Tamari (Water, Whole Soya Beans, Salt, Alcohol), Garlic, Cumin, Ginger), Harissa Sweet Potato (Sweet Potato, Rapeseed Oil, Garlic Puree, Harissa Paste (Roquito Chillies, Sunflower Oil, Paprika, Brine (Water, Sugar, Spirit Vinegar), Garlic Puree, Cayenne, Chili Flakes, Cumin), Lemon Juice (Water, Lemon Concentrate (Sulphites), Salt), Turmeric Cauliflower (Cauliflower, Sunflower Oil, Ground Turmeric, Salt), Pure Slaw (Pink Cabbage, Carrot, Yellow Carrot, Candy-Striped Beetroot, Spring Greens), Super Seeds (Roasted Sunflower Seeds, Roasted Pumpkin Seeds, Green Peas, Tamari (Soya Bean, Water, Sea Salt), Rapeseed Oil), Soy, Sesame and Ginger Dressing (Agave Syrup, Tamari (Soya Bean, Water, Sea Salt), Sesame Oil, Apple Cider Vinegar (Sulphites), Garlic, Ginger, Stabiliser (Xanthan Gum)), Mixed Leaf.
Salads	Sesame Ginger - Undressed	Soy Sesame and Ginger Dressing (Agave, Apple Cider Vinegar (Sulphites), Tamari (Soya), Ginger, Sesame Oil, Garlic, Salt, Xanthan Gum, Black Pepper).
Salads	The Mexican	Mexican Bean Mix (Chick Peas, Black Turtle Beans, Kidney Beans, Borlotti Beans, Sweetcorn, Red Pepper, Yellow Pepper, Coriander, Chives, Salt, Cracked Black Pepper), Devil's Dressing (Rapeseed Oil, Sriracha Chili Sauce, Agave Syrup, Red Wine Vinegar, Black Pepper), Fired Chicken (Roasted Chicken (Chicken Fillets, Rapeseed Oil, Brown Sugar, Salt, Black Pepper), Chili Sauce (Red Chili, Brown Sugar, Water, Salt, Tomato Paste, Lemon Juice (Sulphites), Red Wine Vinegar (Sulphites), Rapeseed Oil, Garlic, Smoked Paprika, Cayenne Powder), Mixed Leaves (Lollo Rosso, Green Multileaf, Apollo, Frisee), Tomatoes, Avocado, Cucumber, Corn Tortilla Chips (Maize Flour, Sunflower Oil, Salt), Chili Berries (Roquito Chili Pepper Pearls, Water, Sugar, Vinegar, Capsicum Essence).
Salads	The Mexican - Undressed	Devil's Dressing (Rapeseed Oil, Sriracha Chili Sauce, Water, Agave Syrup, Red Wine Vinegar, Black Pepper, Salt, Emulsifier (Guar Gum)).
Hot Boxes	Chipotle Chicken	Mexican Bean Mix (Chick Peas, Black Turtle Beans, Kidney Beans, Borlotti Beans, Sweetcorn, Red Pepper, Yellow Pepper, Coriander, Chives, Salt, Cracked Black Pepper), Devil's Dressing (Rapeseed Oil, Sriracha Chili Sauce, Agave Syrup, Red Wine Vinegar, Black Pepper), Fired Chicken (Roasted Chicken (Chicken Fillets, Rapeseed Oil, Brown Sugar, Salt, Black Pepper), Chili Sauce (Red Chili, Brown Sugar, Water, Salt, Tomato Paste, Lemon Juice (Sulphites), Red Wine Vinegar (Sulphites), Rapeseed Oil, Garlic, Smoked Paprika, Cayenne Powder), Mixed Leaves (Lollo Rosso, Green Multileaf, Apollo, Frisee), Tomatoes, Avocado, Cucumber, Corn Tortilla Chips (Maize Flour, Sunflower Oil, Salt), Chili Berries (Roquito Chili Pepper Pearls, Water, Sugar, Vinegar, Capsicum Essence).
Hot Boxes	Chipotle Chicken	Chipotle Chicken (Water, Black Beans, Chicken Thigh, Chicken Breast, Red Onion, Red Pepper, Brown Sugar, Garlic, Rapeseed Oil, Chicken Bouillon (Starch (Potato, Pea), Salt, Sugar, Flavourings, Maltodextrin, Milk Powder, Egg Powder, Chicken, Garlic Powder, Turmeric, Onion Juice Concentrate, Sunflower Oil, Rosemary)), Corn Flour, Chipotle Adobo Paste (Water, Chipotle Peppers, Tomato Concentrate, Onion, Vinegar, Sugar, Iodised Salt, Garlic), Cocoa Powder, Cumin Seeds, Smoked Paprika, Salt, Black Pepper, Star Anise), Soft White Rice (Brown Rice, Camargue Rice, Tri-Coloured Quinoa, Buckwheat, Vegetable Stock (Dried Vegetables (Onion, Leek, Potato, Carrot, Lavage), Salt, Yeast Extract, Maltodextrin, Sugar, Flavouring, Parsley, Turmeric, Sunflower Oil)), Mexican Bean Mix (Chick Peas, Black Turtle Beans, Kidney Beans, Borlotti Beans, Sweetcorn, Red Pepper, Yellow Pepper, Coriander, Chives, Salt, Cracked Black Pepper).

Category	Product Display Name	Full Ingredient Declaration
Hot Boxes	High Protein Chili	High Protein Chili (Minced Beef, Tomatoes, Green Peppers, Kidney Beans, Sweet Potato, Onion, Black Eyed Beans, Turtie Beans, Water, Tomato Puree, Rapeseed Oil, Modified Tapioca Starch, Beef Bouillon (Beef Stock (Water, Beef Extract, Onion, Tomato, Carrot Extract, Herbs, Celestic , Spices, Garlic), Salt, Glucose Syrup, Flavourings, Maltodextrin, Yeast Extracts, Rapeseed Oil, Colour (Caramel, Sugar)), Red Chili, Dark Chocolate (Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Garlic Puree, Lime Juice, Cumin Seed, Ground Cumin, Coriander, Salt, Caramel Powder, Ground Coriander, Chipotle Flake, Chili Powder, Black Pepper), Avocado Puree (Hass Avocado, Salt, Antioxidant (Ascorbic Acid), Onion Powder, Stabiliser (Xanthan Gum), Garlic Powder, Acidity Regulator (Citric Acid)), Corn Tortilla Chips (Maize Flour, Sunflower Oil, Salt)). Six Wholegrain Mix (Brown Rice, Camargue Rice, Tri-Coloured Quinoa, Buckwheat, Vegetable Stock (Dried Vegetables (Onion, Leek, Potato, Carrot, Lovage), Salt, Yeast Extract, Maltodextrin, Sugar, Flavouring, Parsley, Turmeric, Sunflower Oil)).
Hot Boxes	Thai Red Chicken	Thai Red Chicken (Water, Chicken, Onions, Creamed Desiccated Coconut, Bamboo Shoots, Water Chestnuts, Red Peppers, Tomato Puree, Rapeseed Oil, Demerara Sugar, Fish Sauce (Water, Anchovy Extract (Fish), Salt, Sugar), Lemon Grass, Modified Tapioca Starch, Red Chili, Lime Juice, Ginger Puree, Salt, Coriander, Garlic Puree, Chicken Stock (Chicken Stock (Water, Chicken Stock, Flavouring (contains Egg), Glucose Syrup, Salt, Yeast Extract, Rapeseed Oil), Turmeric), Six Wholegrain Mix (Brown Rice, Camargue Rice, Tri-Coloured Quinoa, Buckwheat, Vegetable Stock (Dried Vegetables (Onion, Leek, Potato, Carrot, Lovage), Salt, Yeast Extract, Maltodextrin, Sugar, Flavouring, Parsley, Turmeric, Sunflower Oil)), Edamame and Chili Berry Mix (Edamame Soya Beans , Chili Berries (Rouqito Chili Pepper Pearls, Water, Sugar, Vinegar, Capsicum Essence), Black Pepper, Salt).
Hot Boxes	Vegan Coconut Curry	Vegan Coconut Curry (Coconut Milk, Tomato, Potatoes, Sweet Potato, Onion, Rapeseed Oil, Red Chili, Garlic, Vegetable Bouillon (Sea Salt, Maltodextrin, Rice Flour, Vegetables, Yeast Extract, Sunflower Oil, Parsley, Turmeric), Ginger, Brown Sugar, Panch Phoran (Cumin Seeds, Nigella Seeds, Fennel Seeds, Fenugreek Seeds, Brown Mustard Seeds), Curry Leaves, Coriander, Cumin, Curry Powder, Salt, Black Pepper, Turmeric), Six Wholegrain Mix (Brown Rice, Camargue Rice, Tri-Coloured Quinoa, Buckwheat, Vegetable Stock (Dried Vegetables (Onion, Leek, Potato, Carrot, Lovage), Salt, Yeast Extract, Maltodextrin, Sugar, Flavouring, Parsley, Turmeric, Sunflower Oil)), Broccoli (Broccoli, Garlic, Salt, Black Pepper).
Hot Snacks	Free Range Chicken Bites	Crumbed Chicken Bites (Chicken fillets (30%), Water, Rice Flour, Gluten Free Cornflakes (Maize, Sugar, Dextrose, Salt, Niacin, Pantothenic Acid, Folic Acid, Vitamin B6, Riboflavin, Iron), Chicken Bouillon (Starch (Potato, Pea), Salt, Sugar, Flavourings, Yeast Extract, Maltodextrin, Garlic Turmeric, Onion Juice Concentrate, Vegetable Oil, Rosemary), Sunflower Seeds, Pumpkin Seeds, Fried Shallots, Smoked Paprika, Salt, Garlic powder, Onion powder, Black Pepper, Cumin), Chili Mayo Mix (Vegan Mayonnaise (Rapeseed Oil, Water, Spirit Vinegar, Sugar, Salt, Modified Starch, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate, Natural Flavouring, Colours (Turmeric, Paprika Extract)), Chili Sauce (Red Chili, Brown Sugar, Water, Salt, Tomato Paste, Lemon Juice (Sulphites), Red Wine Vinegar (Sulphites), Rapeseed Oil, Garlic, Smoked Paprika, Cayenne Powder)).
Pasta	Chicken & Mushroom	Mushroom Sauce (Mushrooms, Water, Whipping Cream (Milk), Italian Hard Cheese (Milk , Salt, Rennet, Preservative (Egg Lysozyme)), White Wine (Sulphites), Semi Skimmed Milk , Rapeseed Oil, Modified Tapioca Starch, Wild Mushroom Powder, Parsley, Salt, Red Chili, Garlic Puree, Black Pepper), Spinach Fusiili (Durum Wheat Semolina, Spinach), Sunflower Oil), Fried Chicken (Roasted Chicken (Chicken Fillets, Rapeseed Oil, Brown Sugar, Salt, Black Pepper), Chili Sauce (Red Chili, Brown Sugar, Water, Salt, Tomato Paste, Lemon Juice (Sulphites), Red Wine Vinegar (Sulphites), Rapeseed Oil, Garlic, Smoked Paprika, Cayenne Powder), Petit Pois, Vegetarian Italian Hard Cheese (Milk , Salt, Microbial Rennet, Calcium Chloride)).
Pasta	Pure Bolognese	Pure Bolognese (Tomatoes, Beef Mince (90%), Water, Onion, Carrots, Tomato, Tomato Paste, Red Wine (Sulphites), Celery , Fava Beans, Mushroom, Chicken Bouillon (Starch (Potato, Pea), Salt, Sugar, Flavourings, Maltodextrin, Chicken Fat, Yeast Extract, Chicken Fat, Garlic Powder, Turmeric, Onion Juice Concentrate, Sunflower Oil, Rosemary, Bay Leaf Powder, Thyme, Oregano), Spinach Fusiili (Water, Spinach Fusiili (Durum Wheat Semolina, Spinach), Sunflower Oil), Vine Tomatoes (Cherry Tomatoes, Rapeseed Oil, Salt, Garlic, Oregano), Vegetarian Italian Hard Cheese (Milk , Salt, Microbial Rennet, Calcium Chloride)).
Pasta	Vegano Arrabbiata	Arrabbiata Sauce (Tomatoes, Onion, Tomato Paste, Cherry Tomatoes, Rapeseed Oil, Garlic, White Sugar, Vegetable Bouillon Powder (Rice Flour, Sea Salt, Maltodextrin, Vegetables, Yeast Extract, Sunflower Oil, Turmeric, Mushrooms, Parsley, Concentrated Vegetable Juice, Lovage, Garlic, Fennel Seed), Lemon Juice (Sulphites), Cornflour, Parsley, Salt, Red Chili Flakes, Basil, Smoked Paprika, Black Pepper, Oregano), Spinach Fusiili (Water, Spinach Fusiili (Durum Wheat Semolina, Spinach), Sunflower Oil), Roasted Courgette & Yellow Peppers (Courgette, Yellow Peppers), Vegan Mozzarella (Water, Coconut Oil, Modified Starch, Starch, Sea Salt, Mozzarella Flavour, Preservative (Sorbic Acid), Colour (Beta-Carotene), Vitamin B12), Chili Berries (Rouqito Chili Pepper Pearls, Water, Sugar, Vinegar, Capsicum Essence)).
Soups	British Chicken - Large	Water, Carrots, Chicken, Celery , Orzo Pasta (Durum Wheat Semolina), Chicken Bouillon (Potato Starch, Salt, Sugar, Maltodextrin, Chicken Fat, Yeast Extract, Garlic Powder, Turmeric, Onion Juice Concentrate, Sunflower Oil, Rosemary), Salt, Black Pepper.
Soups	British Chicken - Regular	Water, Carrots, Chicken, Celery , Orzo Pasta (Durum Wheat Semolina), Chicken Bouillon (Potato Starch, Salt, Sugar, Maltodextrin, Chicken Fat, Yeast Extract, Garlic Powder, Turmeric, Onion Juice Concentrate, Sunflower Oil, Rosemary), Salt, Black Pepper.
Soups	Thai Green Lentil Soup - Large	Water, Red Split Lentils (6%), Onion, Coconut, Green Lentils (3.5%), Spinach, Spring Onion, Vegetable Stock (Water, Onion, Carrot Extract, Tomato, Celestic , Herbs, Garlic, Spice), Salt, Glucose Syrup, Maltodextrin, Yeast Extracts, Sugar, Flavourings, Vegetable Oil), Lemon Grass, Red Chili, Coriander, Garlic Puree, Lime Juice, Ground Coriander, Paprika.
Soups	Thai Green Lentil Soup - Regular	Water, Red Split Lentils (9%), Onion, Coconut, Green Lentils (3.5%), Spinach, Spring Onion, Vegetable Stock (Water, Onion, Carrot Extract, Tomato, Celestic , Herbs, Garlic, Spice), Salt, Glucose Syrup, Maltodextrin, Yeast Extracts, Sugar, Flavourings, Vegetable Oil), Lemon Grass, Red Chili, Coriander, Garlic Puree, Lime Juice, Ground Coriander, Paprika.
Toasties	Chicken Picante	Wheat Bran Wrap (Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Oils (Palm Oil, Rapeseed Oil), Wheat Bran, Raising Agents (Sodium Carbonate, Mallic Acid, Sodium Diphosphate), Sugar, Stabiliser (Sodium Carboxymethyl Cellulose), Salt), Fried Chicken (Roasted Chicken (Chicken Fillets, Rapeseed Oil, Brown Sugar, Salt, Black Pepper), Chili Sauce (Red Chili, Brown Sugar, Water, Salt, Tomato Paste, Lemon Juice (Sulphites), Red Wine Vinegar (Sulphites), Rapeseed Oil, Garlic, Smoked Paprika, Cayenne Powder), Mexican Bean Mix (Chick Peas, Black Turtle Beans, Kidney Beans, Borlotti Beans, Sweetcorn, Red Pepper, Yellow Pepper, Coriander, Chives, Salt, Cracked Black Pepper), Devil's Dressing (Rapeseed Oil, Sriracha Chili Sauce, Agave Syrup, Red Wine Vinegar, Black Pepper), Mixture Cheddar Cheese (Milk), Avocado Puree (Hass Avocado, Salt, Antioxidant (Ascorbic Acid), Onion Powder, Stabiliser (Xanthan Gum), Garlic Powder, Acidity Regulator (Citric Acid)), Devil's Dressing (Rapeseed Oil, Sriracha Chili Sauce, Water, Agave Syrup, Red Wine Vinegar, Black Pepper, Salt, Emulsifier (Guar Gum)), Roquito Peppers (Red Cherry Peppers (Capsicum annuum))), Sugar, Water, Vinegar, Salt, Antioxidant (Ascorbic Acid), Firming Agent (Calcium Chloride), Super Seeds (Roasted Sunflower Seeds, Roasted Pumpkin Seeds, Green Peas, Tamari (Soya Bean , Water, Sea Salt), Rapeseed Oil).
Toasties	Halloumi	Wheat Bran Wrap (Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Oils (Palm Oil, Rapeseed Oil), Wheat Bran, Raising Agents (Sodium Carbonate, Mallic Acid, Sodium Diphosphate), Sugar, Stabiliser (Sodium Carboxymethyl Cellulose), Salt), Halloumi (Halloumi Cheese (Milk), Mint), Hummus (Cooked Chick Peas, Tahini (Sesame Seed Paste), Rapeseed Oil, Acidity Regulator (Citric Acid), Preservatives (Potassium Sorbate, Nisin), Garlic Powder, Modified Starch, Salt & Spices), Tomato Relish (Tomato (41%), Vinegar, Sugar, Onions, Sultanas, Tomato Puree (5%), Sea Salt, Mustard Seeds, Spices), Sautéed Mushrooms (Mushroom, Whole Grain Mustard (Water, Brown Mustard Seeds (Sulphites), Spirit Vinegar, Yellow Mustard Flour (Sulphites), Salt, Yellow Mustard Flour (Sulphites), Fiminto), Parsley, Sunflower Oil, Salt, Black Pepper), Sundried Tomatoes (Rehydrated Sun-dried Tomatoes (Sundried Tomatoes, Water, White Wine Vinegar, Salt, Preservative (Sodium Metabisulphite), Rapeseed Oil, Rehydrated Garlic Puree (Water, Garlic Powder, Acidity Regulator (Citric Acid), Basil)).
Deli & Little Pots	A Bit Moorish	Ancient Grain Mix (Cooked Pearl Barley (Water, Pearl Barley), Cooked Wheat Berries (Water, Wheat Berries), Cooked Black Barley (Water, Black Barley), Cooked Spelt (Water, Spelt), Edamame Soya Beans , Green Beans, Olive Oil, Salt, Turmeric), Pure Slav (Pink Cabbage, Carrot, Yellow Coriander, Candy-Spiced Beetroot, Spring Greens), Hummus (Cooked Chick Peas, Tahini (Sesame Seed Paste), Rapeseed Oil, Acidity Regulator (Citric Acid), Preservatives (Potassium Sorbate, Nisin), Garlic Powder, Modified Starch, Salt & Spices), Sweet Potato Falafel (Chickpeas, Sweet Potato (23%), Sunflower Oil, Red Peppers, Potato Flakes, Carrot, Sultanas, Tomato Puree, Water, Coriander, Cumin, Salt, Lemon Powder, White Pepper, Dried Chili, Stabiliser (Methylcellulose)), Fruit Relish (Sugar, Onion, Onions, Sunflower Oil), Tomatoes (Tomatoes, Acidity Regulator (Citric Acid)), White Wine Vinegar, Figs (Figs, Rice Flour), Lemon Juice, Thickener (Starch)), Grandma's Dressing (Rapeseed Oil, Balsamic Vinegar (Sulphites), Wholegrain Mustard (Water, Mustard Seeds, Spirit Vinegar, Salt), Agave Syrup, Garlic Puree, Dijon Mustard (Water, Mustard Seeds, Spirit Vinegar, Salt), Salt), Roquito Peppers (Red Cherry Peppers (Capsicum annuum))), Sugar, Water, Vinegar, Salt, Antioxidant (Ascorbic Acid), Firming Agent (Calcium Chloride), Super Seeds (Roasted Sunflower Seeds, Roasted Pumpkin Seeds, Green Peas, Tamari (Soya Bean , Water, Sea Salt), Rapeseed Oil).
Deli & Little Pots	Cauli Willoughby	Ancient Grain Mix (Cooked Pearl Barley (Water, Pearl Barley), Cooked Wheat Berries (Water, Wheat Berries), Cooked Black Barley (Water, Black Barley), Cooked Spelt (Water, Spelt), Edamame Soya Beans , Green Beans, Olive Oil, Salt, Turmeric), Broccoli Florets (Broccoli, Garlic, Salt, Black Pepper), Turmeric Cauliflower (Cauliflower, Sunflower Oil, Turmeric, Salt), Harissa Sweet Potato (Sweet Potato, Rapeseed Oil, Garlic Puree, Harissa (Roquito Chillies, Sunflower Oil, Paprika, Bitter (Water, Sugar, Spirit Vinegar), Garlic Puree, Cayenne, Chilli Flakes, Cumin), Lemon Juice (Water, Lemon Concentrate (Sulphites), Salt), Hummus (Cooked Chick Peas, Tahini (Sesame Seed Paste), Rapeseed Oil, Acidity Regulator (Citric Acid), Preservatives (Potassium Sorbate, Nisin), Garlic Powder, Modified Starch, Salt & Spices), Butternut Aioli (Butternut Squash, Chickpeas, Garlic, Olive Oil, Salt), Rocket, Super Seeds (Roasted Sunflower Seeds, Roasted Pumpkin Seeds, Green Peas, Tamari (Soya Bean , Water, Sea Salt), Rapeseed Oil).
Deli & Little Pots	24 Carrot	Carrot Batters, Hummus (Cooked Chick Peas, Tahini (Sesame Seed Paste), Rapeseed Oil, Acidity Regulator (Citric Acid), Preservatives (Potassium Sorbate, Nisin), Garlic Powder, Modified Starch, Salt & Spices).
Deli & Little Pots	Chip Off The Guc	Avocado Puree (Hass Avocado, Salt, Antioxidant (Ascorbic Acid), Onion Powder, Stabiliser (Xanthan Gum), Garlic Powder, Acidity Regulator (Citric Acid)), Corn Tortilla Chips (Maize Flour, Sunflower Oil, Salt).
Deli & Little Pots	Free's a Crowd	Crumbed Chicken Bites (Chicken fillets (30%), Water, Rice Flour, Gluten Free Cornflakes (Maize, Sugar, Dextrose, Salt, Niacin, Pantothenic Acid, Folic Acid, Vitamin B6, Riboflavin, Iron), Chicken Bouillon (Starch (Potato, Pea), Salt, Sugar, Flavourings, Yeast Extract, Maltodextrin, Garlic Turmeric, Onion Juice Concentrate, Vegetable Oil, Rosemary), Sunflower Seeds, Pumpkin Seeds, Fried Shallots, Smoked Paprika, Salt, Garlic powder, Onion powder, Black Pepper, Cumin), Chili Mayo Mix (Vegan Mayonnaise (Rapeseed Oil, Water, Spirit Vinegar, Sugar, Salt, Modified Starch, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate, Natural Flavouring, Colours (Turmeric, Paprika Extract)), Chili Sauce (Red Chili, Brown Sugar, Water, Salt, Tomato Paste, Lemon Juice (Sulphites), Red Wine Vinegar (Sulphites), Rapeseed Oil, Garlic, Smoked Paprika, Cayenne Powder)).
Deli & Little Pots	Sweet Spot	Sweet Potato and Spinach Popper (Sweet Potatoes (34%), Coconut Cream (8%), Gluten Free Cornflakes (Maize, Sugar, Dextrose, Salt, Niacin, Pantothenic Acid, Folic Acid, Vitamin B6, Riboflavin, Iron), Chickpeas, Spinach, Sunflower Seeds, Pumpkin Seeds, Tomato Paste, Sunflower Oil, Rice Flour, Vegetable Bouillon Powder (Rice Flour, Sea Salt, Maltodextrin, Vegetables, Yeast Extract, Sunflower Oil, Turmeric, Mushrooms, Parsley, Concentrated Vegetable Juice, Lovage, Garlic, Fennel Seed), Salt, Coriander, Black Pepper, Garlic powder, Cinnamon), Hummus (Cooked Chick Peas, Tahini (Sesame Seed Paste), Acidity Regulator (Citric Acid), Preservatives (Potassium Sorbate, Nisin), Garlic Powder, Modified Starch, Salt & Spices).
Snacks & Treats	Dark Chocolate Fruit & Nuts	Dark Chocolate Raisins (40%) (Dark Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Raisins (Sunflower Oil), Glazing Agents (Gum Arabic, Shellac)), Cashews (40%), Banana Chips (20%) (Banana, Coconut Oil, Refined Cane Sugar, Banana Flavouring).
Snacks & Treats	Go Nuts	Brazil Nuts (33.3%), Almonds (33.3%), Cashews (33.3%).
Snacks & Treats	Nut & Raisin Mix	Cashews (40%), Raisins (Sunflower Oil), Macadamias (20%).
Snacks & Treats	Salted Caramel Almonds	White Chocolate (65%) (Sugar, Cocoa Butter, Whole Milk Powder, Emulsifier (Soya Lecithin), Natural Flavouring), Roasted Almonds (34.6%) (Almonds , Rapeseed Oil), Dark Chocolate (1.7%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (Soya Lecithin), Natural Flavouring), Salt, Flavouring, Glazing Agents (Gum Arabic, Shellac).
Snacks & Treats	Smoked Corn & Smoked Almonds	Smoked Corn (50%), (Corn, Vegetable Oil, Smoked Flavour, Salt, Dehydrated Onion, Dehydrated Garlic), Smoked Almonds (50%) (Almonds , Salt, Dextrose, Starch (Tapioca and/or Maize), Rice Flour, Dried Yeast, Sugar, Yeast Extract Powder, Spice (Smoked Paprika, Black Pepper), Onion Powder, Smoked Salt, Garlic Powder, Acidity Regulator (Citric Acid), Natural Flavouring).
Snacks & Treats	Soft Dried Mango	Mango, Trace of Natural Cane Sugar (5%).
Snacks & Treats	Dark Chocolate & Hazelnut Cookie	Iceing Sugar, Hazelnut , Eggs Whites, Cacao Powder, Vanilla Extract, Salt.
Snacks & Treats	Oat & Cranberry Cookie	Cranberries, Oats , Caster Sugar, Butter (Milk), Whole Eggs , Wheat Flour, Agave Syrup, Bicarbonate of Soda, Baking Powder, Cinnamon Powder, Salt.
Snacks & Treats	Blueberry & Almond Muffin	Wheat Flour, Modified Corn Starch, Whey Powder (Milk), Raising Agent (Sodium Carbonate), Dried Wheat Protein, Salt, Xanthan Gum, Sugar, Whole Eggs , Vegetable Oil, Water, Blueberry, Almonds , Wholemeal Flour, Oats .
Snacks & Treats	Lemon, Courgette & Basil Muffin	Wheat Flour, Modified Corn Starch, Whey Powder (Milk), Dried Wheat Protein, Raising Agent (Sodium Carbonate), Salt, Xanthan Gum, Vegetable Oil, Water, Whole Eggs , Wholemeal Flour, Oats , Sugar, Courgette, Lemon Juice, Lemon Zest, Basil.
Snacks & Treats	Cacao, Almond & Ginger Powerball	Chopped Dates, Almonds , Crushed Ginger, Whey Protein Concentrate (Milk), Gluten Free Oats, Cacao Powder, Manuka Honey Blend (Honey, Manuka Honey), Desiccated Coconut, Vanilla Extract.
Snacks & Treats	Mango & Macadamia Powerball	Dried Apricots (Apricots, Rice Flour, Preservative (Sulphur Dioxide), Avocado, Dates (Dates, Rice Flour), Almonds , Desiccated Coconut, Rice Protein Powder, Dried Mango, Macadamia Nuts, Mango Powder.
Snacks & Treats	Choc'Av Mousse	Egg White, Belgium Dark Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Avocado, Banana, Blossom Honey, Cacao Nibs.
Snacks & Treats	Super Rice Pudding	Pressed Orange Juice, Mango, Banana, Coconut Yogurt (Coconut Milk (Coconut Extract, Coconut Water, Water), Coconut Water, Cornflour, Potato Starch, Stabilizer (Pectin), Non-dairy Cultures (S. Thermophilus, L. Bulgaricus, Lactobacillus Acidophilus, Bifidobacterium Lactis)), Vegan Protein Powder (Pea Protein Isolate).
Snacks & Treats	Melon & Grape	Cantaloupe Melon, Grapes.
Snacks & Treats	Mango & Pineapple	Mango, Pineapple.
Smoothies & Juices	Anti-Oxidiser 250ml	Pressed Apple Juice, Pressed Orange Juice, Pressed Pomegranate Juice, Mint.
Smoothies & Juices	Anti-Oxidiser 500ml	Pressed Apple Juice, Pressed Orange Juice, Pressed Pomegranate Juice, Mint.
Smoothies & Juices	Martha's Marvellous Apple Juice 250ml	Pressed Apple Juice
Smoothies & Juices	Martha's Marvellous Apple Juice 500ml	Pressed Apple Juice
Smoothies & Juices	Orange Juice 250ml	Pressed Orange Juice
Smoothies & Juices	Orange Juice 500ml	Pressed Orange Juice
Smoothies & Juices	Brain Boost 250ml	Almond Milk (Water, Almond , Calcium (Tri-Calcium Phosphate), Sea salt, Stabilisers (Locust Bean Gum, Gellan Gum), Emulsifier (Sunflower Lecithin), Vitamins (Riboflavin (B2), B12, E, D2)), Banana, Dates, Peanut Butter (Peanuts (99.5%), Sea Salt), Cacao Nibs.
Smoothies & Juices	Brain Boost 500ml	Almond Milk (Water, Almond , Calcium (Tri-Calcium Phosphate), Sea salt, Stabilisers (Locust Bean Gum, Gellan Gum), Emulsifier (Sunflower Lecithin), Vitamins (Riboflavin (B2), B12, E, D2)), Banana, Dates, Peanut Butter (Peanuts (99.5%), Sea Salt), Cacao Nibs.
Smoothies & Juices	Get Vit 250ml	Pressed Apple Juice, Coconut Yogurt (Coconut Milk (Coconut Extract, Coconut Water, Water), Coconut Water, Cornflour, Potato Starch, Stabilizer (Pectin), Non-dairy Cultures (S. Thermophilus, L. Bulgaricus, Lactobacillus Acidophilus, Bifidobacterium Lactis)), Mango, Spinach, Pressed Ginger Juice.
Smoothies & Juices	Get Vit 500ml	Pressed Apple Juice, Coconut Yogurt (Coconut Milk (Coconut Extract, Coconut Water, Water), Coconut Water, Cornflour, Potato Starch, Stabilizer (Pectin), Non-dairy Cultures (S. Thermophilus, L. Bulgaricus, Lactobacillus Acidophilus, Bifidobacterium Lactis)), Mango, Spinach, Pressed Ginger Juice.
Smoothies & Juices	Mango Power 250ml	Pressed Orange Juice, Mango, Banana, Coconut Yogurt (Coconut Milk (Coconut Extract, Coconut Water, Water), Coconut Water, Cornflour, Potato Starch, Stabilizer (Pectin), Non-dairy Cultures (S. Thermophilus, L. Bulgaricus, Lactobacillus Acidophilus, Bifidobacterium Lactis)), Vegan Protein Powder (Pea Protein Isolate).
Smoothies & Juices	Mango Power 500ml	Pressed Orange Juice, Mango, Banana, Coconut Yogurt (Coconut Milk (Coconut Extract, Coconut Water, Water), Coconut Water, Cornflour, Potato Starch, Stabilizer (Pectin), Non-dairy Cultures (S. Thermophilus, L. Bulgaricus, Lactobacillus Acidophilus, Bifidobacterium Lactis)), Vegan Protein Powder (Pea Protein Isolate).
Smoothies & Juices	Superberry 250ml	Pressed Apple Juice, Banana, Coconut Yogurt (Coconut Milk (Coconut Extract, Coconut Water, Water), Coconut Water, Cornflour, Potato Starch, Stabilizer (Pectin), Non-dairy Cultures (S. Thermophilus, L. Bulgaricus, Lactobacillus Acidophilus, Bifidobacterium Lactis)), Blackberries, Blueberries, Raspberries.
Smoothies & Juices	Superberry 500ml	Pressed Apple Juice, Banana, Coconut Yogurt (Coconut Milk (Coconut Extract, Coconut Water, Water), Coconut Water, Cornflour, Potato Starch, Stabilizer (Pectin), Non-dairy Cultures (S. Thermophilus, L. Bulgaricus, Lactobacillus Acidophilus, Bifidobacterium Lactis)), Blackberries, Blueberries, Raspberries.
Cold Drinks	Iced Amerianno	Ice, Espresso (Coffee, Water).
Cold Drinks	Iced Latte	Ice, Espresso (Coffee, Water).
Cold Drinks	Iced Latte - Oat Milk	Ice, Oat Milk (Oat Base (Water, Oats), Rapeseed Oil, Acidity Regulator (Di-Potassium Phosphate), Calcium Carbonate, Calcium Phosphates, Iodised Salt, Vitamins (Vitamin D2, Riboflavin, Vitamin B12)), Espresso (Coffee, Water).
Cold Drinks	Iced Latte - Skimmed Milk	Ice, Organic Skimmed Milk , Espresso (Coffee, Water).
Cold Drinks	Iced Latte - Whole Milk	Ice, Organic Whole Milk , Espresso (Coffee, Water).
Hot Drinks	Coconut Milk - Amerianno	Espresso (Coffee, Water), Water, Coconut Milk (Coconut Cream, Water), Hulled Soya Beans, Sugar, Fructose, Acidity Regulators (Dipotassium Phosphate, Monopotassium Phosphate), Calcium (Calcium Carbonate), Sea Salt, Flavouring, Stabiliser (Gellan Gum).
Hot Drinks	Coconut Milk - Cappuccino	Coconut Milk (Water, Coconut Milk (Coconut Cream, Water)), Hulled Soya Beans, Sugar, Fructose, Acidity Regulators (Dipotassium Phosphate, Monopotassium Phosphate), Calcium (Calcium Carbonate), Sea Salt, Flavouring, Stabiliser (Gellan Gum)), Espresso (Coffee, Water), Emulsifier (Soya Lecithin)).
Hot Drinks	Coconut Milk - Chai Latte	Coconut Milk (Water, Coconut Milk (Coconut Cream, Water)), Hulled Soya Beans, Sugar, Fructose, Acidity Regulators (Dipotassium Phosphate, Monopotassium Phosphate), Calcium (Calcium Carbonate), Sea Salt, Flavouring, Stabiliser (Gellan Gum)), Espresso (Coffee, Water), Chai Latte Mix (Sugar, Maltodextrin, Potato Starch, Caramelised Sugar, Dried Glucose Syrup, Black Tea Extract, Natural Flavourings, Thickener (Cellulose Gum), Spices, Cinnamon), Water.
Hot Drinks	Coconut Milk - Flat White	Coconut Milk (Water, Coconut Milk (Coconut Cream, Water)), Hulled Soya Beans, Sugar, Fructose, Acidity Regulators (Dipotassium Phosphate, Monopotassium Phosphate), Calcium (Calcium Carbonate), Sea Salt, Flavouring, Stabiliser (Gellan Gum)), Espresso (Coffee, Water).
Hot Drinks	Coconut Milk - Hot Chocolate	Coconut Milk (Water, Coconut Milk (Coconut Cream, Water)), Hulled Soya Beans, Sugar, Fructose, Acidity Regulators (Dipotassium Phosphate, Monopotassium Phosphate), Calcium (Calcium Carbonate), Sea Salt, Flavouring, Stabiliser (Gellan Gum)), Espresso (Coffee, Water), Hulled Soya Beans, Sugar, Fructose, Acidity Regulators (Dipotassium Phosphate, Monopotassium Phosphate), Calcium (Calcium Carbonate), Sea Salt, Flavouring, Stabiliser (Gellan Gum)), Espresso (Coffee, Water).
Hot Drinks	Coconut Milk - Latte	Coconut Milk (Water, Coconut Milk (Coconut Cream, Water)), Hulled Soya Beans, Sugar, Fructose, Acidity Regulators (Dipotassium Phosphate, Monopotassium Phosphate), Calcium (Calcium Carbonate), Sea Salt, Flavouring, Stabiliser (Gellan Gum)), Espresso (Coffee, Water).
Hot Drinks	Coconut Milk - Macchiato	Espresso (Coffee, Water), Water, Coconut Milk (Coconut Cream, Water), Hulled Soya Beans, Sugar, Fructose, Acidity Regulators (Dipotassium Phosphate, Monopotassium Phosphate), Calcium (Calcium Carbonate), Sea Salt, Flavouring, Stabiliser (Gellan Gum).

Category	Product Display Name	Full Ingredient Declaration
Hot Drinks	Coconut Milk - Cortado	Coconut Milk (Water, Coconut Milk (Coconut Cream, Water), Hulled Soya Beans, Sugar, Fructose, Acidity Regulators (Dipotassium Phosphate, Monopotassium Phosphate), Calcium (Calcium Carbonate), Sea Salt, Flavouring, Stabiliser (Gellan Gum)), Espresso (Coffee, Water).
Hot Drinks	Coconut Milk - Mocha	Coconut Milk (Water, Coconut Milk (Coconut Cream, Water), Hulled Soya Beans, Sugar, Fructose, Acidity Regulators (Dipotassium Phosphate, Monopotassium Phosphate), Calcium (Calcium Carbonate), Sea Salt, Flavouring, Stabiliser (Gellan Gum)), Espresso (Coffee, Water), Sao Tome 58% Chocolate (Sao Tome Cocoa Paste, Sugar, Cocoa Butter, Emulsifier (Soya Lecithin)).
Hot Drinks	Iced Latte - Coconut Milk	Ice, Coconut Milk (Water, Coconut Milk (Coconut Cream, Water), Hulled Soya Beans, Sugar, Fructose, Acidity Regulators (Dipotassium Phosphate, Monopotassium Phosphate), Calcium (Calcium Carbonate), Sea Salt, Flavouring, Stabiliser (Gellan Gum)), Espresso (Coffee, Water).
Hot Drinks	Black Americano	Espresso (Coffee, Water), Water.
Hot Drinks	Black Filter Coffee	Coffee, Water.
Hot Drinks	Cappuccino	Organic Whole Milk , Espresso (Coffee, Water), Ecuadorian 70% Hot Chocolate (Ecuadorian Cocoa Paste, Sugar, Cocoa Butter, Emulsifier (Soya Lecithin)).
Hot Drinks	Cortado	Organic Whole Milk , Espresso (Coffee, Water).
Hot Drinks	Espresso	Espresso (Coffee, Water).
Hot Drinks	Flat White	Espresso (Coffee, Water), Organic Whole Milk .
Hot Drinks	Latte	Organic Whole Milk , Espresso (Coffee, Water).
Hot Drinks	Macchiato	Espresso (Coffee, Water), Water, Organic Whole Milk .
Hot Drinks	Mocha	Organic Whole Milk , Espresso (Coffee, Water), Sao Tome 58% Chocolate (Sao Tome Cocoa Paste, Sugar, Cocoa Butter, Emulsifier (Soya Lecithin)).
Hot Drinks	Coconut Milk	Water, Coconut Milk (Coconut Cream, Water), Hulled Soya Beans, Sugar, Fructose, Acidity Regulators (Dipotassium Phosphate, Monopotassium Phosphate), Calcium (Calcium Carbonate), Sea Salt, Flavouring, Stabiliser (Gellan Gum).
Hot Drinks	Oat Milk	Oat Milk (Oat Base (Water, Oats), Rapseseed Oil, Acidity Regulator (Di-Potassium Phosphate), Calcium Carbonate, Calcium Phosphates, Iodised Salt, Vitamins (Vitamin D2, Riboflavin, Vitamin B12)).
Hot Drinks	Oat Milk - Americano	Oat Milk (Oat Base (Water, Oats), Rapseseed Oil, Acidity Regulator (Di-Potassium Phosphate), Calcium Carbonate, Calcium Phosphates, Iodised Salt, Vitamins (Vitamin D2, Riboflavin, Vitamin B12)), Espresso (Coffee, Water).
Hot Drinks	Oat Milk - Cappuccino	Oat Milk (Oat Base (Water, Oats), Rapseseed Oil, Acidity Regulator (Di-Potassium Phosphate), Calcium Carbonate, Calcium Phosphates, Iodised Salt, Vitamins (Vitamin D2, Riboflavin, Vitamin B12)), Espresso (Coffee, Water), Sao Tome 58% Hot Chocolate (Sao Tome Cocoa Paste, Sugar, Cocoa Butter, Emulsifier (Soya Lecithin)).
Hot Drinks	Oat Milk - Chai Latte	Oat Milk (Oat Base (Water, Oats), Rapseseed Oil, Acidity Regulator (Di-Potassium Phosphate), Calcium Carbonate, Calcium Phosphates, Iodised Salt, Vitamins (Vitamin D2, Riboflavin, Vitamin B12)), Chai Latte Mix (Sugar, Maltodextrin, Potato Starch, Caramelised Sugar, Dried Glucose Syrup, Black Tea Extract, Natural Flavourings, Thickener (Cellulose Gum), Spices, Cinnamon), Water.
Hot Drinks	Oat Milk - Cortado	Oat Milk (Oat Base (Water, Oats), Rapseseed Oil, Acidity Regulator (Di-Potassium Phosphate), Calcium Carbonate, Calcium Phosphates, Iodised Salt, Vitamins (Vitamin D2, Riboflavin, Vitamin B12)), Espresso (Coffee, Water).
Hot Drinks	Oat Milk - Flat White	Oat Milk (Oat Base (Water, Oats), Rapseseed Oil, Acidity Regulator (Di-Potassium Phosphate), Calcium Carbonate, Calcium Phosphates, Iodised Salt, Vitamins (Vitamin D2, Riboflavin, Vitamin B12)), Espresso (Coffee, Water).
Hot Drinks	Oat Milk - Hot Chocolate	Oat Milk (Oat Base (Water, Oats), Rapseseed Oil, Acidity Regulator (Di-Potassium Phosphate), Calcium Carbonate, Calcium Phosphates, Iodised Salt, Vitamins (Vitamin D2, Riboflavin, Vitamin B12)), Sao Tome 58% Chocolate (Sao Tome Cocoa Paste, Sugar, Cocoa Butter, Emulsifier (Soya Lecithin)).
Hot Drinks	Oat Milk - Latte	Oat Milk (Oat Base (Water, Oats), Rapseseed Oil, Acidity Regulator (Di-Potassium Phosphate), Calcium Carbonate, Calcium Phosphates, Iodised Salt, Vitamins (Vitamin D2, Riboflavin, Vitamin B12)), Espresso (Coffee, Water).
Hot Drinks	Oat Milk - Macchiato	Espresso (Coffee, Water), Oat Milk (Oat Base (Water, Oats), Rapseseed Oil, Acidity Regulator (Di-Potassium Phosphate), Calcium Carbonate, Calcium Phosphates, Iodised Salt, Vitamins (Vitamin D2, Riboflavin, Vitamin B12)).
Hot Drinks	Oat Milk - Mocha	Oat Milk (Oat Base (Water, Oats), Rapseseed Oil, Acidity Regulator (Di-Potassium Phosphate), Calcium Carbonate, Calcium Phosphates, Iodised Salt, Vitamins (Vitamin D2, Riboflavin, Vitamin B12)), Espresso (Coffee, Water), Sao Tome 58% Chocolate (Sao Tome Cocoa Paste, Sugar, Cocoa Butter, Emulsifier (Soya Lecithin)).
Hot Drinks	Caramel Syrup	Sugar, Water, Glucose-Fructose Syrup, Flavourings, Colour (Caramel), Citric Acid.
Hot Drinks	Extra Shot	Espresso (Coffee, Water).
Hot Drinks	Hazelnut Syrup	Sugar, Glucose-Fructose Syrup, Water, Flavouring (Hazelnut), Colour (Caramel), Preservative (Potassium Sorbate), Citric Acid.
Hot Drinks	Vanilla Syrup	Sugar, Water, Flavourings, Citric Acid, Preservative (Potassium Sorbate), Colour (Caramel), Vanilla Extract.
Hot Drinks	Chai Latte	Organic Whole Milk , Chai Latte Mix (Sugar, Maltodextrin, Potato Starch, Caramelised Sugar, Dried Glucose Syrup, Black Tea Extract, Natural Flavourings, Thickener (Cellulose Gum), Spices, Cinnamon), Water.
Hot Drinks	Hot Chocolate	Organic Whole Milk , Sao Tome 58% Chocolate (Sao Tome Cocoa Paste, Sugar, Cocoa Butter, Emulsifier (Soya Lecithin)).
Hot Drinks	Skimmed Milk - Americano	Espresso (Coffee, Water), Water, Organic Skimmed Milk .
Hot Drinks	Skimmed Milk - Cappuccino	Organic Skimmed Milk , Espresso (Coffee, Water), Ecuadorian 70% Hot Chocolate (Ecuadorian Cocoa Paste, Sugar, Cocoa Butter, Emulsifier (Soya Lecithin)).
Hot Drinks	Skimmed Milk - Chai Latte	Organic Skimmed Milk , Chai Latte Mix (Sugar, Maltodextrin, Potato Starch, Caramelised Sugar, Dried Glucose Syrup, Black Tea Extract, Natural Flavourings, Thickener (Cellulose Gum), Spices, Cinnamon), Water.
Hot Drinks	Skimmed Milk - Cortado	Organic Skimmed Milk , Espresso (Coffee, Water).
Hot Drinks	Skimmed Milk - Flat White	Organic Skimmed Milk , Espresso (Coffee, Water).
Hot Drinks	Skimmed Milk - Hot Chocolate	Organic Skimmed Milk , Sao Tome 58% Chocolate (Sao Tome Cocoa Paste, Sugar, Cocoa Butter, Emulsifier (Soya Lecithin)).
Hot Drinks	Skimmed Milk - Latte	Organic Skimmed Milk , Espresso (Coffee, Water).
Hot Drinks	Skimmed Milk - Macchiato	Espresso (Coffee, Water), Water, Organic Skimmed Milk .
Hot Drinks	Skimmed Milk - Mocha	Organic Skimmed Milk , Espresso (Coffee, Water), Sao Tome 58% Chocolate (Sao Tome Cocoa Paste, Sugar, Cocoa Butter, Emulsifier (Soya Lecithin)).
Hot Drinks	Earl Grey Tea	Earl Grey Tea Bags (Black Tea, Natural Flavourings), Water.
Hot Drinks	English Breakfast Tea	English Breakfast Tea Bags (Black Tea), Water.
Hot Drinks	Green Tea	Green Tea Bags (Senchag Green Tea), Water.
Hot Drinks	Peppermint Tea	Peppermint Tea Bags (Peppermint Leaves), Water.
Hot Drinks	Whole Milk - Americano	Espresso (Coffee, Water), Water, Organic Whole Milk .
Catering	A Bit Moorish Box - Regular	Organic Whole Milk , Cooked Wheat Berries (Water, Wheat Berries), Cooked Spelt (Water, Spelt), Edamame Soya Beans, Green Beans, Olive Oil, Salt, Turmeric), Pure Slav (Pink Cabbage, Carrot, Yellow Carrot, Candy-Striped Beetroot, Spring Greens), Hummus (Cooked Chick Peas, Tahini (Sesame Seed Paste), Rapseseed Oil, Acidity Regulator (Citric Acid), Preservatives (Potassium Sorbate, Nisin), Garlic Powder, Modified Starch, Salt & Spices), Sweet Potato Falafel (Chickpeas, Sweet Potato (23%), Sunflower Oil, Red Peppers, Potato Flakes, Carrot, Sultanas, Tomato Puree, Water, Coriander, Cumin, Salt, Lemon Powder, White Pepper, Dried Chilli, Stabiliser (Methylcellulose)), Fruit Relish (Sugar, Onion (Onions, Sunflower Oil), Tomatoes (Tomatoes, Acidity Regulator (Citric Acid)), White Wine Vinegar, Figs (Figs, Rice Flour), Lemon Juice, Thickener (Starch)), Grandma's Dressing (Rapseseed Oil, Balsamic Vinegar (Sulphites), Wholegrain Mustard (Water, Mustard Seeds, Spirit Vinegar, Salt), Agave Syrup, Garlic Puree, Dijon Mustard (Water, Mustard Seeds, Spirit Vinegar, Salt), Salt), Roquito Peppers (Red Chery Peppers (Capsicum annum), Sugar, Water, Vinegar, Salt, Antioxidant (Ascorbic Acid), Firming Agent (Calcium Chloride)), Super Seeds (Roasted Sunflower Seeds, Roasted Pumpkin Seeds, Green Peas, Tamari (Soya Bean, Water, Sea Salt), Rapseseed Oil) Parsley.
Catering	Crisps Box - Large	Sea Salt Lentil Proper Chips (Lentil Flour (30%), Potato Starch, Corn Flour, Sunflower Oil, Salt). Sea Salt & Malt Vinegar Crisps - Potatoes, Sunflower Oil, Seasoning (8%) (Salt, Lactose (Milk), British Dried Malt Vinegar, Sugar, Sea Salt, Acid (Citric Acid), Acidity Regulator (Malic Acid), Yeast Extract, Dried Balsamic Vinegar). Oak Smoked Chilli Crisps - Potatoes, Sunflower Oil, Seasoning (8%) (Rice Flour, Onion, Sea Salt, Dried Somerset Mature Cheddar Cheese (Milk , Vegetarian Rennet, Starter Culture, Salt), Sugar, Garlic Powder, Yeast Extract, Natural Flavour). Hummus (Cooked Chick Peas, Tahini (Sesame Seed Paste), Rapseseed Oil, Preservatives (Citric Acid, Potassium Sorbate, Nisin), Garlic Powder, Modified Starch, Salt & Spices). Chipotle Hummus (Chickpeas, Natural Smoked Chickpeas (14%) (Chickpeas, Water, Wood Smoke), Rapseseed Oil, Water, Tahini (Sesame Seed Paste) Harissa Paste (4%) Red Pimentos, Oriental Spices, Salt, Garlic), Lemon Juice Concentrate, Salt, Garlic Granules, Red Chillies, Ground Cumin, Paprika, Ground Coriander, Ground Fennel).
Catering	Crisps Box - Regular	Sea Salt Lentil Proper Chips (Lentil Flour (30%), Potato Starch, Corn Flour, Sunflower Oil, Salt). Sea Salt & Malt Vinegar Crisps - Potatoes, Sunflower Oil, Seasoning (8%) (Salt, Lactose (Milk), British Dried Malt Vinegar, Sugar, Sea Salt, Acid (Citric Acid), Acidity Regulator (Malic Acid), Yeast Extract, Dried Balsamic Vinegar). Oak Smoked Chilli Crisps - Potatoes, Sunflower Oil, Seasoning (8%) (Rice Flour, Onion, Sea Salt, Dried Somerset Mature Cheddar Cheese (Milk , Vegetarian Rennet, Starter Culture, Salt), Sugar, Garlic Powder, Yeast Extract, Natural Flavour). Chipotle Hummus (Chickpeas, Natural Smoked Chickpeas (14%) (Chickpeas, Water, Wood Smoke), Rapseseed Oil, Water, Tahini (Sesame Seed Paste) Harissa Paste (4%) Red Pimentos, Oriental Spices, Salt, Garlic), Lemon Juice Concentrate, Salt, Garlic Granules, Red Chillies, Ground Cumin, Paprika, Ground Coriander, Ground Fennel).
Catering	Quinoa Chips - Large	Quinoa Chips - Tomato & Garlic (Quinoa Flour (29%), Corn Flour, Rice Flour, Corn Starch, Lentil Flour, Pea Flour, Rapseseed Oil, Sugar, Salt, Sundried Tomato & Roasted Garlic Seasoning (3%) (Sugar, Garlic Powder (including Roasted Garlic Powder), Tomato Powder (including Sundried Tomato Powder), Salt, Rice Flour, Carob Flour, Natural Flavourings, Paprika Extract, Herb (Oregano), Spice (Cayenne)). Quinoa Chips - Sour Cream & Chive (Quinoa Flour (29%), Corn Flour, Rice Flour, Corn Starch, Lentil Flour, Pea Flour, Rapseseed Oil, Sugar, Salt, Sour Cream & Chive Seasoning (3%) (Rice Flour, Onion Powder, Salt, Sugar, Yeast Extract Powder, Natural Flavouring, Garlic Powder, Herb (Chive), Citric Acid)). Hummus (Cooked Chick Peas, Tahini (Sesame Seed Paste), Rapseseed Oil, Preservatives (Citric Acid, Potassium Sorbate, Nisin), Garlic Powder, Modified Starch, Salt & Spices).
Catering	Quinoa Chips - Regular	Quinoa Chips - Tomato & Garlic (Quinoa Flour (29%), Corn Flour, Rice Flour, Corn Starch, Lentil Flour, Pea Flour, Rapseseed Oil, Sugar, Salt, Sundried Tomato & Roasted Garlic Seasoning (3%) (Sugar, Garlic Powder (including Roasted Garlic Powder), Tomato Powder (including Sundried Tomato Powder), Salt, Rice Flour, Carob Flour, Natural Flavourings, Paprika Extract, Herb (Oregano), Spice (Cayenne)). Quinoa Chips - Sour Cream & Chive (Quinoa Flour (29%), Corn Flour, Rice Flour, Corn Starch, Lentil Flour, Pea Flour, Rapseseed Oil, Sugar, Salt, Sour Cream & Chive Seasoning (3%) (Rice Flour, Onion Powder, Salt, Sugar, Yeast Extract Powder, Natural Flavouring, Garlic Powder, Herb (Chive), Citric Acid)). Hummus (Cooked Chick Peas, Tahini (Sesame Seed Paste), Rapseseed Oil, Preservatives (Citric Acid, Potassium Sorbate, Nisin), Garlic Powder, Modified Starch, Salt & Spices).
Catering	Good Morning Box - Large	Lemon, Basil and Courgette Muffin - Wheat Flour, Modified Corn Starch, Whey Powder (Milk), Dried Wheat Protein, Raising Agent (Sodium Carbonate), Salt, Xanthan Gum, Vegetable Oil, Water, Whole Eggs , Wholemeal Flour, Oats , Sugar, Courgette, Lemon Juice, Lemon Zest, Basil. Blueberry and Almond Muffin - Wheat Flour, Modified Corn Starch, Whey Powder (Milk), Raising Agent (Sodium Carbonate), Dried Wheat Protein, Salt, Xanthan Gum, Sugar, Whole Eggs , Vegetable Oil, Water, Blueberry, Almonds , Wholemeal Flour, Oats . Wholegrain Mini Croissant - Wheat Flour, Water, Butter (Milk), Wholemeal Flour (Wheat), Seeds (Sunflower, Poppy, Brown Flax), Decoration (Seeds (Brown Flax, Yellow Flax, Sunflower), Oat Flakes), Yeast, Eggs , Sugar, Wheat Gluten, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Flour Treatment Agent (Ascorbic Acid), Processing Aid (Enzymes). Mini Pain au Chocolate - Wheat Flour, Butter (Milk), Water, Chocolate Filling (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithin)), Sugar, Yeast, Wheat Gluten, Egg , Salt, Flour Treatment Agent (Ascorbic Acid). Mini Pain au Raisin - Wheat Flour, Custard Filling (Water, Custard Cream Powder (Sugar, Modified Potato Starch, Milk Proteins, Whey Powder (Milk), Lactose (Milk), Dried Cream (Milk), Skimmed Milk Powder, Thickener (Sodium Alginate), Stabilisers (Disodium Diphosphate, Calcium Sulphate), Colours (Curcumin, Carrot Extract), Flavouring (Vanilla), Egg), Raisins, Butter (Milk), Water, Glucose-Fructose Syrup, Yeast, Egg , Sugar, Salt, Cottonseed Oil, Flour Treatment Agent (Ascorbic Acid). Mango, Pineapple, Cantaloupe Melon, Strawberries, Blueberries, Mint.
Catering	Good Morning Box - Regular	Lemon, Basil and Courgette Muffin - Wheat Flour, Modified Corn Starch, Whey Powder (Milk), Dried Wheat Protein, Raising Agent (Sodium Carbonate), Salt, Xanthan Gum, Vegetable Oil, Water, Whole Eggs , Wholemeal Flour, Oats , Sugar, Courgette, Lemon Juice, Lemon Zest, Basil. Blueberry and Almond Muffin - Wheat Flour, Modified Corn Starch, Whey Powder (Milk), Raising Agent (Sodium Carbonate), Dried Wheat Protein, Salt, Xanthan Gum, Sugar, Whole Eggs , Vegetable Oil, Water, Blueberry, Almonds , Wholemeal Flour, Oats . Wholegrain Mini Croissant - Wheat Flour, Water, Butter (Milk), Wholemeal Flour (Wheat), Seeds (Sunflower, Poppy, Brown Flax), Decoration (Seeds (Brown Flax, Yellow Flax, Sunflower), Oat Flakes), Yeast, Eggs , Sugar, Wheat Gluten, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Flour Treatment Agent (Ascorbic Acid), Processing Aid (Enzymes). Mini Pain au Chocolate - Wheat Flour, Butter (Milk), Water, Chocolate Filling (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithin)), Sugar, Yeast, Wheat Gluten, Egg , Salt, Flour Treatment Agent (Ascorbic Acid). Mini Pain au Raisin - Wheat Flour, Custard Filling (Water, Custard Cream Powder (Sugar, Modified Potato Starch, Milk Proteins, Whey Powder (Milk), Lactose (Milk), Dried Cream (Milk), Skimmed Milk Powder, Thickener (Sodium Alginate), Stabilisers (Disodium Diphosphate, Calcium Sulphate), Colours (Curcumin, Carrot Extract), Flavouring (Vanilla), Egg), Raisins, Butter (Milk), Water, Glucose-Fructose Syrup, Yeast, Egg , Sugar, Salt, Cottonseed Oil, Flour Treatment Agent (Ascorbic Acid). Mango, Pineapple, Cantaloupe Melon, Strawberries, Blueberries, Mint.
Catering	Muffin Box - Large	Blueberry and Almond Muffin - Wheat Flour, Modified Corn Starch, Whey Powder (Milk), Raising Agent (Sodium Carbonate), Dried Wheat Protein, Salt, Xanthan Gum, Sugar, Whole Eggs , Vegetable Oil, Water, Blueberry, Almonds , Wholemeal Flour, Oats . Lemon, Basil and Courgette Muffin - Wheat Flour, Modified Corn Starch, Whey Powder (Milk), Dried Wheat Protein, Raising Agent (Sodium Carbonate), Salt, Xanthan Gum, Vegetable Oil, Water, Whole Eggs , Wholemeal Flour, Oats , Sugar, Courgette, Lemon Juice, Lemon Zest, Basil. Strawberries, Mint.

Category	Product Display Name	Full Ingredient Declaration
Catering	Muffin Box - Regular	Blueberry and Almond Muffin - Wheat Flour, Modified Corn Starch, Whey Powder(Milk), Raising Agent (Sodium Carbonate), Dried Wheat Protein, Salt, Xanthan Gum, Sugar, Whole Eggs , Vegetable Oil, Water, Blueberry, Almonds , Wholemeal Flour, Oats . Lemon, Basil and Courgette Muffin - Wheat Flour, Modified Corn Starch, Whey Powder (Milk), Dried Wheat Protein, Raising Agent (Sodium Carbonate), Salt, Xanthan Gum, Vegetable Oil, Water, Whole Eggs , Wholemeal Flour, Oats , Sugar, Courgette, Lemon Juice, Lemon Zest, Basil. Strawberries, Mint.
Catering	Pastry Box - Large	Wholegrain Mini Croissant - Wheat Flour, Water, Butter (Milk), Wholemeal Flour (Wheat), Seeds (Sunflower, Poppy, Brown Flax), Decoration (Seeds (Brown Flax, Yellow Flax, Sunflower), Oat Flakes), Yeast, Eggs, Sugar, Wheat Gluten, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Flour Treatment Agent (Ascorbic Acid), Processing Aid (Enzymes). Mini Pain au Chocolate - Wheat Flour, Butter (Milk), Water, Chocolate Filling (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithin)), Sugar, Yeast, Wheat Gluten, Egg , Salt, Flour Treatment Agent (Ascorbic Acid). Mini Pain au Raisin - Wheat Flour, Custard Filling (Water, Custard Cream Powder [Sugar, Modified Potato Starch, Milk Proteins, Whey Powder (Milk), Lactose (Milk), Dried Cream (Milk), Skimmed Milk Powder, Thickener (Sodium Alginate), Stabilisers (Disodium Diphosphate, Calcium Sulphate), Colours (Curcumin, Carrot Extract), Flavouring (Vanilla), Egg), Raisins, Butter (Milk), Water, Glucose-Fructose Syrup, Yeast, Egg , Sugar, Salt, Cottonseed Oil, Flour Treatment Agent (Ascorbic Acid). Strawberries.
Catering	Pastry Box - Regular	Wholegrain Mini Croissant - Wheat Flour, Water, Butter (Milk), Wholemeal Flour (Wheat), Seeds (Sunflower, Poppy, Brown Flax), Decoration (Seeds (Brown Flax, Yellow Flax, Sunflower), Oat Flakes), Yeast, Eggs, Sugar, Wheat Gluten, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Flour Treatment Agent (Ascorbic Acid), Processing Aid (Enzymes). Mini Pain au Chocolate - Wheat Flour, Butter (Milk), Water, Chocolate Filling (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithin)), Sugar, Yeast, Wheat Gluten, Egg , Salt, Flour Treatment Agent (Ascorbic Acid). Mini Pain au Raisin - Wheat Flour, Custard Filling (Water, Custard Cream Powder [Sugar, Modified Potato Starch, Milk Proteins, Whey Powder (Milk), Lactose (Milk), Dried Cream (Milk), Skimmed Milk Powder, Thickener (Sodium Alginate), Stabilisers (Disodium Diphosphate, Calcium Sulphate), Colours (Curcumin, Carrot Extract), Flavouring (Vanilla), Egg), Raisins, Butter (Milk), Water, Glucose-Fructose Syrup, Yeast, Egg , Sugar, Salt, Cottonseed Oil, Flour Treatment Agent (Ascorbic Acid). Strawberries.
Catering	Salad Box - Celebrity Skin	Mixed Leaves (Lollo Rosso, Green Multileaf, Apollo, Frisee), Hot Smoked Salmon (Salmon (Fish) (Salmo salar), Salt), Tomatoes, Avocado, Cucumber, Cashews , Black Pepper. Pure Vinaigrette Dressing (Sunflower Oil, Balsamic Vinegar (Sulphites), Date Syrup, Dijon Mustard (Water, Mustard Seeds, Spirit Vinegar, Salt), Garlic Puree, Salt, Black Pepper).
Catering	Salad Box - Chicken and Bacon Caesar	Cos Lettuce, Roasted Chicken (Chicken Fillets, Rapeseed Oil, Brown Sugar, Salt, Black Pepper), Free Range Hen's Eggs (Egg , Water, Salt), Sourdough Croutons (Wheat Flour (Wheat Flour, Calcium, Iron, Niacin, Thiamin), Water, Rye Flour, Rye Sourdough, Oatmeal (Oats), Sunflower Seeds, Linseed, Salt, Yeast, Olive Oil, Vegetarian Italian Hard Cheese (Pasteurised Cow's Milk , Salt, Microbial Rennet, Starter Cultures, Calcium Chloride), Garlic Puree (Rehydrated Garlic, Acidity Regulator (Citric Acid), Black Pepper), Vegetarian Italian Hard Cheese (Pasteurised Cow's Milk , Salt, Microbial Rennet, Starter Cultures, Calcium Chloride), Olive Oil, Garlic Puree (Rehydrated Garlic, Acidity Regulator (Citric Acid), Black Pepper), Parmesan Shavings (Grana Padano Medium Fat Hard Cheese (Milk), Salt, Rennet, Preservative (Egg Lysozyme)), Bacon (Pork, Water, Sugar, Salt, Fruit Extract, Sodium Phosphate, Smoke Flavour, Honey, Preservative (Sodium Nitrite)). Vegan Caesar Dressing (Vegan Mayonnaise (Rapeseed Oil, Water, Spirit Vinegar, Sugar, Salt, Modified Starch, Xanthan Gum, Potassium Sorbate, Lemon Juice Concentrate, Turmeric, Paprika Extract), Water, Red Wine Vinegar (Sulphites), Nutritional Flakes (Inactive Dried Yeast, Niacin, Pyridoxine Hydrochloride, Riboflavin, Thiamin Hydrochloride, Folic Acid and Vitamin B12), Salt, Dijon Mustard , Garlic).
Catering	Salad Box - Sesame Ginger	Broccoli Florets (Broccoli, Garlic, Salt, Black Pepper), Black Sushi Rice (Water, Black Sushi Rice, Sushi Vinegar (Sugar, Spirit Vinegar, Rice Vinegar, Salt, Anticaking Agent (Sodium Ferrocyanide)), Red Chili Puree, Garlic Puree, Ginger Puree), Tamari Tofu (Soya Beans, Water, Coagulated with Nigari, Tamari (Water, Whole soya Beans, Salt, Alcohol), Garlic, Cumin, Ginger), Harissa Sweet Potato (Sweet Potato, Rapeseed Oil, Garlic Puree, Harissa Paste (Roquito Chillies, Sunflower Oil, Paprika, Brine [Water, Sugar, Spirit Vinegar], Garlic Puree, Cayenne, Chilli Flakes, Cumin), Lemon Juice (Water, Lemon Concentrate (Sulphites), Salt), Turmeric Cauliflower (Cauliflower, Sunflower Oil, Ground Turmeric, Salt), Pure Slaw (Pink Cabbage, Carrot, Yellow Carrot, Candy-Striped Beetroot, Spring Greens), Super Seeds (Roasted Sunflower Seeds, Roasted Pumpkin Seeds, Green Peas, Tamari (Soya Bean, Water, Sea Salt), Rapeseed Oil), Soy, Sesame and Ginger Dressing (Agave Syrup, Tamari (Soya Bean, Water, Sea Salt), Sesame Oil, Apple Cider Vinegar (Sulphites), Garlic, Ginger, Stabiliser (Xanthan Gum)), Mixed Leaf. Soy Sesame and Ginger Dressing (Agave, Apple Cider Vinegar (Sulphites), Tamari (Soya), Ginger, Sesame Oil, Garlic, Salt, Xanthan Gum, Black Pepper).
Catering	Salad Box - The Mexican	Mexican Bean Mix (Chick Peas, Black Turtle Beans, Kidney Beans, Borlotti Beans, Sweetcorn, Red Pepper, Yellow Pepper, Coriander, Chives, Salt, Cracked Black Pepper), Devil's Dressing (Rapeseed Oil, Sriracha Chilli Sauce, Agave Syrup, Red Wine Vinegar, Black Pepper), Fried Chicken (Roasted Chicken (Chicken Fillets, Rapeseed Oil, Brown Sugar, Salt, Black Pepper), Chilli Sauce (Red Chilli, Brown Sugar, Water, Salt, Tomato Paste, Lemon Juice (Sulphites), Red Wine Vinegar (Sulphites), Rapeseed Oil, Garlic, Smoked Paprika, Cayenne Powder), Mixed Leaves (Lollo Rosso, Green Multileaf, Apollo, Frisee), Tomatoes, Avocado, Cucumber, Corn Tortilla Chips (Maize Flour, Sunflower Oil, Salt), Chilli Berries (Roquito Chilli Pepper Pearls, Water, Sugar, Vinegar, Capsicum Essence). Devil's Dressing (Rapeseed Oil, Sriracha Chilli Sauce, Water, Agave Syrup, Red Wine Vinegar, Black Pepper, Salt, Emulsifier (Guar Gum)).
Catering	Wrap Box - Regular	Falafalo Soldier Soy Good Hail Caesar Arriba Fajita Smokin' Hot
Catering	Cookie Box - Regular	Oats and Cranberry Cookie (Cranberries, Oats , Caster Sugar, Butter (Milk), Whole Eggs , Wheat Flour, Agave Syrup, Bicarbonate of Soda, Baking Powder, Cinnamon Powder, Salt). Hazelnut and Chocolate Cookie (Iceing Sugar, Hazelnut , Eggs Whites, Cacao Powder, Vanilla Extract, Salt). Strawberries.
Catering	Fruit Salad Box - Regular	Black Grapes, Mango, Pineapple, Cantalope Melon, Strawberries, Blueberries, Mint.
Wellbeing Boxes	Breakfast Royale	Loch Stock & Hot Smoked Salmon Banana Brain Boost 250ml
Wellbeing Boxes	Clean Start	Blueberry Birchler Banana Mango Power 250ml
Wellbeing Boxes	Go-to Breakfast	Banana Honey Yoghurt Belu Water - Still Plain Croissant
Wellbeing Boxes	Go-to Lunch	A Bit Moorish 24 Carrot Proper Chips - Barbecue Lentil Diet Coke 330ml
Wellbeing Boxes	Morning Booster	Energy Crunch Banana Brain Boost 250ml
Wellbeing Boxes	Plant Power	Falafalo Soldier Chip off the Guac Dark Chocolate Fruit & Nuts
Wellbeing Boxes	Protein Power	Hail Caesar Mango Power 250ml Proper Chips - Barbecue Lentil
Wellbeing Boxes	Pure Classic	Arriba Fajita 24 Carrot Quinoa Chips - Sour Cream & Chive